



Making Sense of Your Senses

www.twinklehouse.co.uk

Registered Charity No. 1121205

Registered Company No. 6291384



Practical Support Service for Children and Young People with Disabilities and Additional Needs



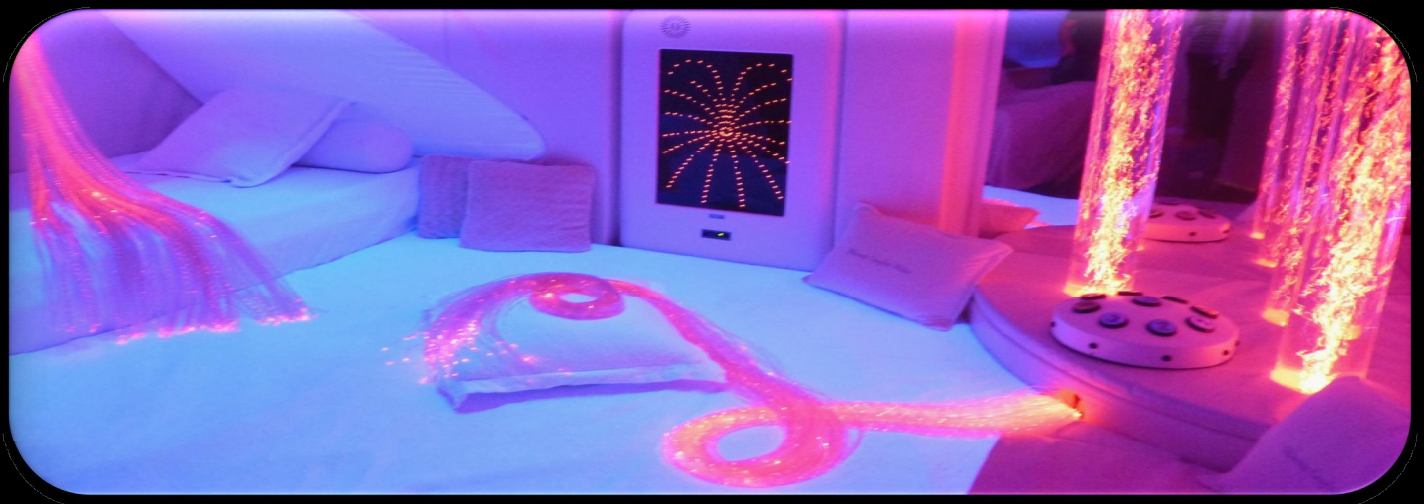
Twinkle House is an outcome focussed service providing sensory based practical support and coping strategies to address particular difficulties that children and young people 5-18 with disabilities and additional needs are experiencing at home or in school. Through our support we promote emotional and mental well-being and help prevent difficulties from worsening.

We provide our support in a non-threatening safe, calming environment that is adaptable and acceptable for those with a wide variety of difficulties and impairments. Support is enhanced using our Multi-sensory studio with access to hi-tech specialist equipment and resources. Sessions are structured and are supported by our highly experienced staff and volunteer team.

Our studio is an interactive environment and exceptional teaching aid that we use to support National Curriculum plans, help clients improve focus and engagement, encourage interaction and exploration, improve learning and development of skills, and promote positive behaviours for those with disabilities and additional needs, physical or learning difficulties and provides an ideal setting for complete physical and mental relaxation for those with attention, anxiety and behavioural difficulties and those who are stressed.

Potential benefits of using the services of Twinkle House

- Improving confidence, self esteem and motivation
- Improving skills to promote positive relationship building
- Aiding development of speech and language / communication skills
- Helping develop a sense of cause and effect
- Aiding sensory awareness and development of the primary senses
- Improving social skills
- Encouraging imaginative play
- Improving behaviour through Anger/anxiety Management, relaxation techniques and sleep advice
- Improving emotional mental health and well-being for the whole family
- Improving attainment and preventing exclusion for children and young people in school



This service is particularly beneficial for Children and Young People with:

- Attention difficulties (ADD / ADHD)
- Behaviour Emotional and Social Difficulties
- Childhood Autism
- Chronic conditions
- Depression, Anxiety and Stress
- Development Delay
- Down's Syndrome
- Physical or Learning difficulties
- Sensory or visual impairment
- Sleep difficulties
- Terminal Illness, or in Palliative care



Our Support:

Our unique tailored Programme of Support has been developed to provide a structured targeted approach to supporting identified aims or targets, agreed with parent/carer or other referring agency for each child or young person using our service based on the individual's needs.

Each Programme lasts for six weeks and comprises a one hour session each week supported by our trained staff and volunteers (parent / carer / support worker must accompany client).

Sessions are by appointment and are aimed at individuals on a one-to-one basis; however, we do accommodate small groups where needs are of a similar nature such as improving social and communication skills.

Progress is recorded and monitored against set aims/targets after each session, and a Report provided at week six identifying outcomes achieved or a need for further support if required. There is no time limit for people using this service, book again for support with new or recurring difficulties.

We welcome any practitioners supporting our clients to attend one or more of their sessions to promote joint working and help improve outcomes for children and young people with disabilities and additional needs. We will also sign-post clients to other services for professional support where necessary.

“Improving Outcomes for Children and Young People with Disabilities and Additional Needs in Lancashire”

To make an enquiry:

Telephone: 01695 455625
Email: enquiries@twinklehouse.co.uk
Website: www.twinklehouse.co.uk

Twinkle House welcomes referrals from:

GP's, Health and Social Care Professionals, Community Teams,
Schools, Community and Voluntary organisations

Parents and carers can self-refer for support by telephoning 01695 455625

Referral Forms can be downloaded from our website, alternatively contact Twinkle House
Other services available: Specialist Resource Library and Sleep Clinic



OPEN TIMES / SESSION TIMES

Open Monday to Thursday 9am - 5pm and Friday's until 4pm
Open during school holidays. Closed Bank Holidays.

Session Times

AM

09.30 – 10.30

10.45 – 11.45

Session Times

PM

1.15 – 2.15

2.30 – 3.30

3.45 – 4.45

HOW TO FIND US

Registered Office

126 Sandy Lane Centre
Sandy Lane
Skelmersdale
Lancashire
WN8 8LH

Junction 3 or 4 on the M58 . Follow signs for Skelmersdale
Follow signs to Sandy Lane Centre, Old Skelmersdale

Drive to the top of Witham Road or Sandy Lane to the free
car park. We are based on the ground floor of the centre
directly opposite the Chemist. Ramp access is available.

Twinkle House is a Registered Charity, dependent on grants and donations

If you would like to become a Friend of Twinkle House and help in raising funds please see our website